



Ti-Ratana Lumbini Garden
Sunday Dhamma School

Do Good, Avoid Evil; Purify the mind.
 That is the teaching of all Buddhas.

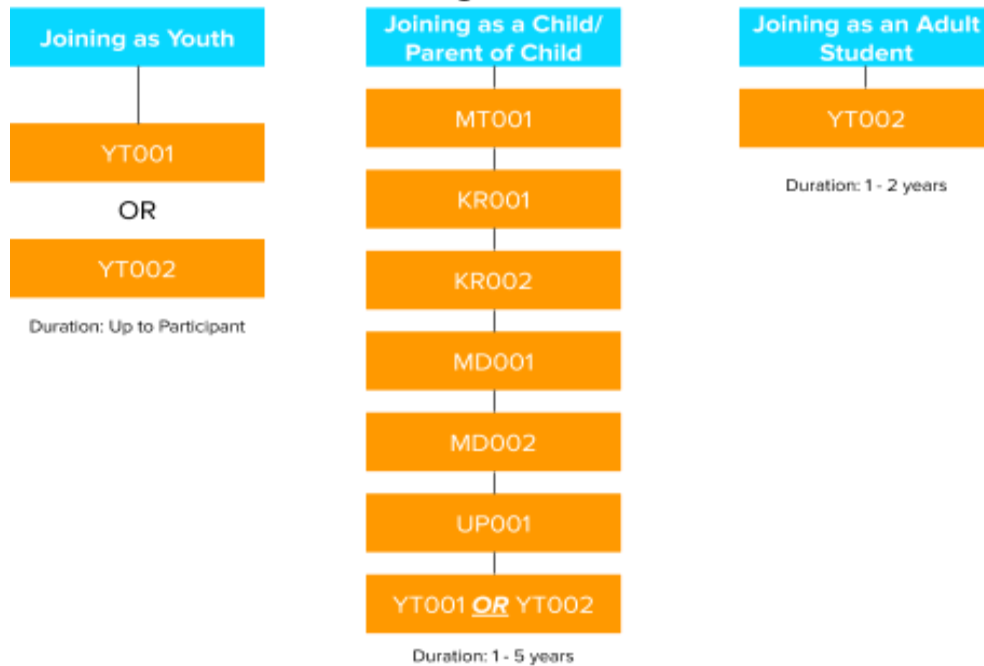
Ti-Ratana Lumbini Garden Puchong

Sunday Dhamma School Course & Programme List
 (2017-2022)

This edition was revised on 2nd July 2020.

Introduction to Buddhism (Beginner)	Metta MT001	The Countless Past Lives of Gautama Buddha (Intermediate)	Karuna 1 KR001
Buddhism & The Disciples of the Buddha (Intermediate)	Karuna 2 KR002	Buddhism & The World (Advanced)	Mudita 1 MD001
The countless Buddhas of the World, the Dharma Doors and the Sangha (Advanced)	Mudita 2 MD002	Studying Buddhist Texts (Extended Level)	Uppekha UP001
Youth Group (Not study based, activity-based)	YT001	Youth & Adult Buddhist Learning Programme	YT002

Course & Programme Progression



MT001, KR001, KR002, MD001 and MD002 will be taught online until the end of RMCO.

Introduction to Buddhism (Beginner) - MT001

Volunteer Teacher: Bro. Rain Lee Lin Jun

Course Duration: 1 year / 6 months (July Intake)

Sessions: at least 28 sessions / 14 sessions (July Intake)

This course introduces Buddhism to students for general knowledge and virtue development. This course is tailored for students of all ages, and there is a focus on conceptual concepts and critical thinking.

This course consists of the following units:

- Buddhism in a Nutshell
- The Three Refuges
- The Five Precepts
- The Four Noble Truths
- The Noble Eightfold Path
- The Four Brahma Viharas

Mini-topics covered:

- Law of Cause & Effect (Karma)
- What Buddhists Believe

The certificate obtained after completing MT001 will be:

Certificate of Buddhist Studies (Ti-Ratana Lumbini Garden SDS), Introduction to Buddhism
Students obtaining a grade higher than 80% will be given a Certificate of Excellence.

The Countless Past Lives of Gautama Buddha (Intermediate) - KR001

Volunteer Teacher: Seet Swee Leng (Mrs. Lee) / Bro. Rain Lee Lin Jun

Course Duration: TBC

Sessions: at least 15 sessions

This course introduces The Life of the Buddha and his past lives to students. This course is tailored for students of all ages, and there is a focus on relating the Life of the Buddha and Jataka Stories to the present day (application).

This course consists of the following units:

- The Life of the Buddha: His Virtues and Perseverance
- Jataka Stories (The Buddha's Past Lives)
- The Spread of Buddhism

Buddhism & The Disciples of the Buddha (Intermediate) - KR002

Volunteer Teacher: TBC

Course Duration: TBC

Sessions: at least 15 sessions

This course introduces The Buddha's Disciples, Karma and The Ten Perfections (Paramitas). This course is tailored for students of all ages, and there is a focus on relating the past, the present and the future together.

This course consists of the following units:

- The Great Disciples
- The Ten Perfections of Buddhism (Paramitas)
- The Law of Cause & Effect (Karma)

The certificate obtained, after completing KR001 and KR002 will be:

Certificate of Buddhist Studies (Ti-Ratana Lumbini Garden SDS), Intermediate Buddhism

Students obtaining a grade higher than 80% will be given a Certificate of Excellence.

Buddhism & The World (Advanced) - MD001

Volunteer Teacher: Not offered Yet

Course Duration: TBC

Sessions: at least 15 sessions

This course teaches students on the history of Buddhist Civilization, the spread of the Dhamma around the world and the various ways that science and Buddhism have been related and vice versa. This course is tailored for students of all ages, with a focus on Investigation and Analyzing.

This course consists of the following units:

- Buddhism & The World In Historical Times
- Buddhism & The World Around Us, Buddhism & Other Religions
- Buddhist Wisdom & Scientific Knowledge: The Proper Use of Science for a Better World
- Peace Ethics

The Countless Buddhas of the World, the Dhamma Doors and the Sangha (Advanced) - MD002

Volunteer Teacher: Not offered Yet

Course Duration: TBC

Sessions: at least 15 sessions

This course teaches students the various schools of Buddhism, the life of the Sangha and how to be a good Buddhist layperson. It also teaches the students about the Countless Buddhas & Bodhisattvas of the World. This course is tailored for students of all ages, with a focus on Investigation and Analyzing.

This course consists of the following units:

- The Various Schools of Buddhism
- The Countless Buddhas & Bodhisattvas of the World
- Buddhas of the Past, Present and Future
- Life of the Monastic Order
- Life of a Buddhist Layperson: Proper Conduct
- Leadership and Service in Buddhism

The certificate obtained, after completing MD001 and MD002 will be:

Certificate of Buddhist Studies (Ti-Ratana Lumbini Garden SDS), Advanced Buddhism

Students obtaining a grade higher than 80% will be given a Certificate of Excellence.

Studying Buddhist Texts (Extended Level) - UP001

Volunteer Teacher: Not offered Yet

Course Duration: 1 Year

Sessions: at least 15 sessions

This course consists of the following units:

- Various Buddhist Texts to be studied, broken down for the average layperson to understand and analyze the content

The certificate obtained, after completing UP001 will be:

Certificate of Buddhist Studies (Ti-Ratana Lumbini Garden SDS), Basic Buddhist Literature

Students obtaining a grade higher than 80% will be given a Certificate of Excellence.

Students who completed MD002 or UP001 will automatically be enrolled in YT001. However, you do not need to attend Sunday Dhamma School prior to YT001.

Students who are enrolled in MD001 or MD002 can apply to sit for the Malaysian Buddhist Examination Syndicate Exams. This is optional. The annual exam is usually held in August.

OTHER PROGRAMMES

These programs are not done in regular classroom situations and settings. Not all of these are study programs, for example, the Youth Programme - YT001 is a program tailored to promote youth development skills and allows much more interaction.

Youth Programme - YT001

This program promotes youth development skills, teaches team building and focuses on the development of collaborative skills and communication. This program is not a study program, but rather a program where Youth may set up events to raise funds for charity (e.g. run for charity, charity bazaar), get involved in giving to society, participating in team-building activities, sports tournaments, eSports tournaments.

If any youth or adults (who aren't parents or siblings of Sunday Dhamma School students) are interested in studying Buddhism as in-depth as (or higher than) the Sunday Dhamma School course MD002/UP001, they may join YT002 concurrently.

Youth & Adult Buddhist Learning Programme - YT002

This program enables Buddhist youth and adults to learn Buddhism at their own pace, and in an environment more suitable for their age. It can be concurrently taken with YT001 should youth be interested to do so.

YT002A - Basics of Buddhism (8 sessions)

- What Buddhists Believe (book)
- Interactive learning, discussions

YT002B - Peace Ethics in Buddhism (8 sessions)

- Values Education for Peace: Peace Ethics for Young People (book)
- Interactive learning, discussions

YT002C - Scientific Theories and Buddhism (8 sessions)

- Interactive learning, discussions

YT002D - Buddhist Principles in Daily Life (8 sessions)

- Interactive learning, discussions